

National Board of Examinations

Question Paper Name :	DNB Physical Medicine and Rehabilitation Paper3
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Actual Answer Key :	No

DNB Physical Medicine and Rehabilitation Paper3

Group Number :	1
Group Id :	327187332
Group Maximum Duration :	0
Group Minimum Duration :	180
Show Attended Group? :	No
Edit Attended Group? :	No
Group Marks :	100
Is this Group for Examiner? :	No
Examiner permission :	Cant View
Show Progress Bar? :	No

DNB Physical Medicine and Rehabilitation Paper3

Section Id :	327187335
Section Number :	1

Section type : Offline
Mandatory or Optional : Mandatory
Number of Questions to be attempted : 10
Section Marks : 100
Enable Mark as Answered Mark for Review and Clear Response : Yes
Maximum Instruction Time : 0
Sub-Section Number : 1
Sub-Section Id : 327187339
Question Shuffling Allowed : No
Is Section Default? : null

Question Number : 1 Question Id : 3271871841 Question Type : SUBJECTIVE Consider As Subjective : Yes Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 10

Please write your answers in the answer booklet within the allotted pages as follows:-

Question Number	Answer to be attempted within	Question Number	Answer to be attempted within
Q. 1	Page 1-5	Q. 6	Page 26-30
Q. 2	Page 6-10	Q. 7	Page 31-35
Q. 3	Page 11-15	Q. 8	Page 36-40
Q. 4	Page 16-20	Q. 9	Page 41-45
Q. 5	Page 21-25	Q. 10	Page 46-50

1. Write about the management of a 62 years old diabetic patient with respect to rehabilitation who has recovered from severe COVID and is discharged home with Oxygen Therapy after 50 days of hospitalization in HDU. [10]

Question Number : 2 Question Id : 3271871842 Question Type : SUBJECTIVE Consider As Subjective : Yes Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 10

What is Cerebral Palsy? How do you classify CP? Briefly describe the rehabilitation plan for a 7

years old CP girl child with GMFCS level III. [2+2+6]

Question Number : 3 Question Id : 3271871843 Question Type : SUBJECTIVE Consider As Subjective : Yes Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 10

Briefly describe the electro diagnostic testing and findings during various stages of recovery in persons with:

a) Bells Palsy. [5]

b) Carpal tunnel Syndrome. [5]

Question Number : 4 Question Id : 3271871844 Question Type : SUBJECTIVE Consider As Subjective : Yes Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 10

What is Cardiac Rehabilitation? Briefly describe the phase wise plan for rehabilitation of a 50 years old housewife who is obese and diabetic and has suffered acute myocardial infarction. [2+8]

Question Number : 5 Question Id : 3271871845 Question Type : SUBJECTIVE Consider As Subjective : Yes Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 10

A 55-year-old Bank employee developed stroke 3 months ago and is having weak Right upper limb. He is mobile using Rt AFO and is concerned about Right arm weakness and pain. Briefly describe the rehabilitation plan for this patient. [10]

Question Number : 6 Question Id : 3271871846 Question Type : SUBJECTIVE Consider As Subjective : Yes Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 10

Describe in detail the difference in management of a patient with amputation due to dysvascular

cause and due to traumatic cause. [10]

Question Number : 7 Question Id : 3271871847 Question Type : SUBJECTIVE Consider As Subjective : Yes Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 10

What is Metabolic Syndrome? Describe the rehabilitation plan for a 56 year old patient who was diagnosed with Metabolic Syndrome. [4+6]

Question Number : 8 Question Id : 3271871848 Question Type : SUBJECTIVE Consider As Subjective : Yes Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 10

Elaborate on assessment and management of a patient with heel pain (First step pain). [5+5]

Question Number : 9 Question Id : 3271871849 Question Type : SUBJECTIVE Consider As Subjective : Yes Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 10

a) Measurement of severity of Osteoporosis. [5]

b) Orthotic management of a person with Spinal Osteoporosis. [5]

Question Number : 10 Question Id : 3271871850 Question Type : SUBJECTIVE Consider As Subjective : Yes Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 10

What is Fibromyalgia? What are the common presenting features of patients with Fibromyalgia?
How will you manage a patient with fibromyalgia? [2+3+5]